



ASSOCIAÇÃO PORTUGUESA DE SENIORES DE GOLFE – SENHORAS



33rd INTERNATIONAL PORTUGUESE SENIOR LADIES GOLF COMPETITION

TERESA SYMINGTON TROPHY

Algarve – Portugal

28th – 30th January, 2026



TERMS OF COMPETITION

The International Portuguese Senior Ladies Golf Competition is a Competition runned by Associação Portuguesa de Seniores de Golfe - Senhoras (APSGS)

Eligibility

All Amateur Ladies who have reached their 50th birthday on or before 31st December 2026, **members of a recognized Senior Ladies Association**, who have their National Federation or Union membership card, with a maximum handicap of 24.0 shall be eligible to participate.

Entries

Entry forms have to be submitted to senh.senioresdegolfe@gmail.com by 9th January, 2026.

Entries shall be limited to a maximum of 201 players, allocated in the order of receipt and subject to the following category limits: 45 players with handicaps up to 6.0, 78 players with handicaps between 6.1 and 12.0 and 78 players with handicaps 12.1 or higher.

All winning players from previous editions of this competition may participate, regardless of what their handicap might be.

Exceeding entries will be placed on a waiting list.

Any player not willing to participate for any reason must notify APSGS by three days before the competition starts. Otherwise, the competitor will not be able to participate in the next year event.

The starting times will be established by the Competition Committee according to draw on the first day of competition, by gross classification on the other 2 days of competition.

The Competition Committee reserves the right to alter these terms of competition if advisable reasons exist. R&A Limited rules apply and those established by the Competition Committee.

Format

Singles, 54 holes

Players from 1st 2nd and 3rd categories - **stroke play**

Players from 4th category – **stableford**

Players will play from red tee-boxes

Categories

1st: handicaps up to 6.0

2nd: handicaps from 6.1 to 12.0

3rd: handicaps from 12.1 to 18.0

4th: handicaps from 18.1 to 24.0

Carts

Only Ladies over 70 years of age are allowed to ride motorized carts, except for medical reasons.

Venues

Players	1 st Round (28 th)	2 nd Round (29 th)	3 rd Round (30 th)
1 st Cat	Laguna GC	Pinhal GC	Old Course
2 nd Cat	Millennium GC	Old Course	Pinhal GC
3 rd Cat	Old Course	Laguna GC	Millennium GC
4 th Cat	Old Course	Laguna GC	Millennium GC

Prizes

1st and 2nd Gross scores in categories

1st Gross score in Super Senior Players (70th birthday on or before 31st December, 2026)

1st Net score, full handicap, in categories

Daily Prizes: 1st Gross and 1st Net in Categories (3 days)

Gross scores prevail over handicap scores and all prizes are not cumulative

Entry handicap will not change for net scores purposes.

Ties

In the event of a tie, the winner of the stroke play competition shall be decided by a sudden-death playoff. Any other ties will be resolved using the score over the last 36,18,9,6,3 and last holes; if still a tie, it will be decided by lot.

The Competition Committee will lay down the order of the holes to play; otherwise, the natural order of the course will prevail.

24th NATION TEAM TROPHY

To be played by national team consisting of three players. Each nation can play with 1 or 2 teams. The nation with the lowest total of the two scratch scores for each day of competition will be the winner.

Prize

1st Team gross score

In the event of a tie the third score of the three days of competition will be added, in case of further tie the third score of the last round will count. If still a tie, the third score of the second round will determine the winner. If still a tie, it will be decided by lot.

APSGS, 2025/10/08